

#6

BOOK SIX



Helping you
to focus better

crystalens[®] vision workbook
"your road to visual rejuvenation"



crystalens[®]
see young ... be young

TRAVEL

W P V W D L Y H Z I E A V N J J V X A F
Q L P D R A P C O N F A F K T J M A H M
L F I T S A L I C F T L W U Q S C I L C
I L Q T G K K L S C M L W H V T P H V Y
A W Y A W F X X W Y J U N J U N P B T W
R X G E Q S O M V B D E Q E H A C B O R
U E K N W U K S Y E R W Z L W R Y S L F
A G T C B N W I J Q K H G K Y U Z O L T
L Q N M J V K B V Z R A B J S A D V B E
S N O I T C E R I D E E L K O T B W O T
Z D B N D F R R S F S V W I S S H R O A
N B L G W C W T T Q T I W R J E C F T C
K P F Y G N R O E E S R S O F R D Q H O
S N L Z C O T Z T I T D A D D R E S S L
K I G S P M V S R F O V X D X X E W N N
V J G R W A O M U J P Y A W H G I H W C
Y X I N Y P N A E B F C C F G O A U O I
E A N W S L W S K D I B I K E U T B T T
L M Y M G I W N W V E Z L X H E T I V Y
E G O N N E T A T S N O C E A N V P Q V

Address

Airports

City

Directions

Drive

Highway

Lake

Locate

Map

Ocean

Rest Stop

Restaurants

Signs

State

Toll Booth

Town

SUMMER

V T E N T O I G
 A K X R Z U W P A D G L
 X N A T A E S G L Z A A B T
 P G O Y D I R N E A K Y R U S U
 U N I A T L I O O Y K L D R Y D
 G I T K J E F W B G S I E N O M
 P N P A I O R P C B R P G N I V I D
 O I M C N E M M O T O R H O M E E T
 O B A A G L O A N U U I T Z G R K H
 A L U C V Y C T C E B N N Z R U R A T O
 T T T L I A W M R D K I S O M P
 B B D N S E A O R C L I W M I P
 S G G O P H T W P L E D O C G P
 W N A O A E I Q L R C N N L
 I I P R R N O A K I I B
 N M T S K Y B C E T
 G M K C J E E U
 N X I G E S G C
 I K I W T A N E
 L L N H S B I B
 I S G B K Y K R
 A I M J I N I A
 S G O D T O H B
 G N I T F A R B
 J E P N V M R B

- | | | | | |
|----------|------------|------------|-------------|-------------|
| Barbecue | Garden | Kayaking | Popsicle | Tan |
| Baseball | Grill | Leisure | Rafting | Tent |
| Boating | Hamburgers | Motor Home | Sailing | Trailer |
| Burn | Hammock | Mow | Sightseeing | Trip |
| Campfire | Heat | Outdoors | Snow Cone | Tubing |
| Camping | Hiking | Park | Sprinkler | Vacation |
| Canoeing | Hot Dogs | Picnic | Sun | Waterskiing |
| Daylight | Ice Cream | Playground | Swimming | Yard Work |
| Diving | Jet Ski | Pool | Swing | |

WORLD CAPITALS

G M K Y
 I T R X
 P R A I
 U N
 P G
 M E Z F N M M O
 W A G R A T A A B N A A L U O
 B N A S S A U Q I S E M D C A S I D P S L N
 C I O F P T N K V S V R Q U I R R D I A A I
 Y Z B R H R H A O P I V G U O E A I C P L C
 U W M E M A D J R D E A O B T E T S L I A O
 I E O E R K N I N I N L I S D A M A S C U S
 A D L T M A N S O A T U M F L C G B C P K I
 G N O O S J H W M R I A D I I I O A E S D A
 D U C W B E L M O P A N B N C N M B N X U S
 M A B N Z B P P G T N R V L A A O A O Z C M
 V O B U L U Q A A P E B U J U M B U R A Z Y
 E Y N A N C U U D V T G Z A K A H D O C E I
 T J G O M H E T I U E U R W Z N L T B M C R
 E O T U P A M L S T B O G O T A D N A U L A
 S K F M E R L X H O O S L O E M D I G K X B
 Q G I D F E A S U N C I O N D G N F K Q G A
 C H N O T S G N I K J A P J C T
 T L Y E M T S A Z
 S E

Accra	Damascus	Kuala Lumpur	Maputo	Quito
Addis Ababa	Dhaka	La Paz	Mogadishu	Rabat
Amsterdam	Freetown	Lagos	Monrovia	Rangoon
Asuncion	Gaborone	Libreville	Muscat	San Jose
Belmopan	Georgetown	Lima	Nairobi	Tegulcigalpa
Bogota	Islamabad	Lisbon	Nassau	Thimphu
Bucharest	Jakarta	Luanda	Niamey	Tirana
Budapest	Kathmandu	Madrid	Nicosia	Ulaanbaatar
Bujumbura	Khartoum	Managua	Oslo	Vientiane
Colombo	Kingston	Manama	Port Louis	Yoande

SPAIN

Z X L P Q Q Y T J V L P A
 W S E G N A R O P M U J D I T T Z C B O C
 V A C S U I S S E U Q S A B U C E M C G I Z O O M
 Y C Y H I Q M C T G C M J N P I A S H O L L I R U M
 P J D T U Q Z Q I U R V X X C S D S E N L A B R T T F
 M I N O R C A N A R Y I S L A N D S P N O B A O E T
 M F R R P L G M I A S O B R A Y O G D N Z O H S
 J E O C E R V A N T E S L L I M D N I W F C
 F R S V V T A S O L N P O A N Q C P E H V
 I U O E K L I M S L M C D S T R U R X S
 X B E V D L C A A D A E R Z O J A D A B C
 E E M E H L I G P R I C G A L I C I A
 R D T P L S W S G D P Y R E N E E S S
 I S V O E F E L S G S Z A A M N T U N
 M A O R L J A E G C J Z L N B B L Z O I
 C I C G P F I B S O Z I D A C E O C I Y M
 A I Q O A L U E E V A F D S Z N S X G
 P O H S E L Q A V I L A D A E N M
 D R K V A L E N C I A P R V C Y
 M B G Z F L K O H L F I R D
 E F P M E I F A O D E L O T
 C L O D R G Y R U J O S E
 B Q Y R R E H S R O A D J U
 F J T B O E N I W S
 L Q P S
 N W
 L K

Armada	Casals	Don Quijote	Jerez	Pamplona	Seville
Asturias	Castellano	El Greco	Juan Carlos	Peseta	Sherry
Badajoz	Castles	Ferdinand	Lope de Vega	Picasso	Toledo
Barcelona	Catalan	Franco	Madrid	Picos de Europa	Torero
Basques	Cervantes	Galicia	Mallorca	Pizarro	Valencia
Beaches	Chorizo	Goya	Minorca	Pyrenees	Velazquez
Bilbao	Churros	Granada	Murillo	Saffron	Windmills
Bullfight	Colonies	Iberia	Olives	Seafood	Wine
Cadiz	Cortes	Iglesias	Oranges	Segovia	
Canary Islands	Dali	Isabella	Paella		

EYES

Y Y O P L L C F R Z G T O R C A F C O B
O F P B E U Y C Z R P A G O J V W L D Z
C C D X W B R M Q X R N H Q S R B Z N K
C O O M Z U I E R B W P D U H P S B V G
N X E N V P G J B S U O E R T I V V L K
L K N B J T A Q F M E T J U N J M A L E
A G E B M U G U V V A V X F K H U S M Q
I X T Y T W N X E T M H R Y J C K T Z J
D F N R K T S C C V D Z C E O S L R A R
F K K W A Z T A T R X C X M N A T O B T
M W C A K Z R L Y I I Y A A S C A M U L
A B L C V A G E J A V W J I Z D I A R N
V N Q F T Z Y A A P V A K L Q O K T G R
F N I A J E T D Z J B C O R N E A L P U
W R C T S N E L E N I L L A T S Y R C O
Z Y L E E K D O L H R Q I U U L U S G Z
L Y E V D R M U R E P L Y B I E I W G V
P K W P L M R N X H I F T P K R I X G T
E P N S V U R J E C U W U T I T Q P W Y
R C V Z G U K O H G D P W U Y A G O U M

Cataract

Chamber

Cilia

Conjunctiva

Cornea

Crystalline Lens

Dry Eye

Glaucoma

Iris

LASIK

Optic Nerve

Pupil

Retina

Stroma

Vitreous

TAX TIME

U S J I K V F D K W G Q K X G G F B W
 N L X N N P I O G Y H V N D S Q C Z E
 R B K F G N L R R E C O R D S H P R I
 X S R V X P E C I M I H E D K S S S S
 P E N A L T Y L M S S Z B M Y O T T I
 C P S O C J J C A A I J J M C A I E N
 P O N S I K N V C M C I X I T F Q W G
 M G N I N T E R E S T R A E E O I A L
 X E N T O O P T C F P L T N I T E G E
 S E D T R O I M H R S A E J H R K E G
 B S P I T I S T E E X B M H A E H S H
 O M T D C H B P C X N D O L V F D I J
 W S F U E A A U K U E L C P N U I C L
 U C M A L R R M T D D E N O W N R V H
 S W X I E I R E N I D E I Q S D E G T
 M P Q R T P N E N B O S D Z W F Q Y W
 C M S Y M D M G F Q N N M Y L V D T O
 W H N G N A R E V E N U E U N X X I E
 C G Y A K P W O P I D Y E J Z C P X K

Amended	Electronic	Itemize	Single
Audit	Evasion	Long	Social Security
Benefits	Exemptions	Medicare	State Tax
Bracket	EZ	Penalty	Tips
Check	File	Pension	Wages
Contribution	Forms	Preparer	Withholding
Declare	Grimace	Records	
Deductions	Income Tax	Refund	
Deferred	Interest	Revenue	

HEALTH CLUB

P M P S C X C N D Y Z X F P H L T H G T
F N U H O K N D I S C E D B H K S S V M
M Y R U N R Q X G C U R U D C Q U W I U
I O D O V U L F N L I A B A R L T O H T
C B O Z F Y M G I P Q P J K O V K P Q D
L W Q R H L H P W U X I G R S L P J I D
D L D H R D O B O Y H X Y D S O G O O E
U I I A O E J O R R T W K Q T O Q R L E
N M M M Y A K L R A H I O J R P I O O L
M G Y H D C Y C S E B G U X A L E S O C
K M V Y F A A S O C X B M W I R A Y P Y
V W C H Q U E R Y L I E B Y N I W J G C
D F Q K B U W R E Y B B R Q E H C W N I
R L P Z T E S N T X M X O C R W E X I B
V L H V I R W V O O V I D R I B J P M W
W W Q G E G F I W J Y Y Y U E S L U M F
I Y H W K Y I P N Z Y S P B B A E U I C
E T O M S F Y F G W D N L E U I N S W D
S H W X S Z K C G N I X O B K C I K S X
S K I S A U N A S T A I R M A S T E R J

Aerobics

Bicycle

Cross Trainer

Day Care

Floor Exercises

Kick Boxing

Locker Room

Rowing

Sauna

Showers

Stairmaster

Swimming Pool

Treadmill

Weights

Whirlpool

COMEDIANS

R W S B W R Y O T X K K J N E N P Y X C
O Q O E I O E H H F U P J M N M S V Z V
B Z P N J L X L T R P F K G N E C K T T
I N G Z A V L T D R G A Z D A V C C X M
N M H C F M D C Y N O E L X E L M O O O
W C Z G V O R U O J A W N H S M E R K N
I I V Q R J G E O S J S X M O Q B S E E
L S H U J W I A T P B D M O R I E I J L
L L R Z L O N F M T N Y B A F X N R I Y
I F L B Z R H S U X E K B U D F P H O A
A V D R I C A N Y A D L E G O A F C M J
M X D V S E R E N E G E D N E L L E P O
S Q E F P W X H Q Y X F S I B D D Y J Y
X R O Y R P D R A H C I R O V U H Z Z Y
S A M G M H R Y E D H A B P O A R R P E
D Y Z E A J P N K P H H R Q W P D Z H M
G D Y H S A V A K V O P K S C F J F G C
Z O D V V O O U M P K R L J O P Y Z Y X
N E R J X L Y V E T U L Y I H N K K H L
Q L K F W O P T K C M P K C F W G Y Z L

Adam Sandler

Bill Cosby

Bob Hope

Chris Rock

David Letterman

Ellen Degeneres

Jay Leno

Jeff Foxworthy

Joan Rivers

Johnny Carson

Richard Pryor

Robin Williams

Roseanne

SWIMMING POOL

D I P S W T O K D F D Q S H R N U E O L
 X R S B R L E I N M L W D L L E Z D W R
 Z A A W I Q V L N E B S P E E D P A I C
 S C T O W E L O T I O N D K C F R W U V
 K U I W B E S P K S A O O R N C W M T S
 A T S E U G U I Y U I R N O E A B K C L
 L Q C B T N N L N N T H D N F R Q M N K
 Z P Y U T I T I U S M I W S E D I L S J
 E Z J T E H A F V H F W O L L S T K X Z
 S K N U R T N E N I R O L H C V B U R I
 W K B W F A R G G N D A L F S J P X P B
 C B M A L B P U R E D D A L U U J T U J
 M T R G Y B R A W N L S H O M W Q Z Z M
 W T C X H E X R E W O H S A L P S H E L
 Q Z T Q G H L D I G C R E T A W F T I C

Back	Dive	Party	Towel
Bathing	Diving Board	Raft	Trunks
Bikini	Drain	Shallow	Tube
Brawn	Fence	Shower	Umbrella
Butterfly	Figure	Slides	Wade
Cards	Float	Snorkel	Water
Chlorine	Guest	Splash	Whistle
Cold	Ladder	Stroke	
Crawl	Life Guard	Sun Tan	
Deep	Lotion	Sunshine	
Dips	Muscle	Swim Suit	

LAS VEGAS HOTELS

X N X P P T R P I F W V P G R I C X O M
S C A E S A R S P A L A C E N H F C E P
A M Q R M J R M X A X D O T P L Q Y Q U
V U I F D P F C S O X X X D A J T E T V
E V R S I R A P T P X C U M G G U D B H
G B H T L J G Y A S F A I S K F M E B M
A P Z U M L J J R I A N V B A Q E N F Z
R N E W Y O R K D N G H K L F V R U B Z
I F J D N J V K U O E Z A J U S V S M U
M V S I O J P Y S M I G E R B S X O T Q
Q P C J C A T D T N M W X F A A X N H Q
Z J W K L U F D S U P A S I K I L K X A
O C K M T P S O D R I N Y O E X W L J K
V X S S T Y E D W E I T H V Q G B C Y H
U S B E K A T Y K D N C F I P M Z D N S
W V Q E M E I V D Y P N J H M X B H N Y
O Z X T L K O A R H S A Z G Q L I W L Y
A C B H B A L S H A R R A H E W N E H T
A M E H X A Y Y R T U Y S B Q G F K E D
T N R T R O P I C A N A B T R H Z F R M

Aladdin

Ballys

Caesars Palace

Flamingo

Harrahs

Mirage

New York

Palms

Paris

Sahara

Stardust

Tropicana

CAMPING

X E A R E U F C A N T E E N I R T A L W
 C K D E L N U F Z E O F K M W J E L C Y
 J Q M P R S T F J B A I F I E N B J M S
 X D J E L E L Q L A I N T I N S E C T S
 G R I L L V T B B A C K Y A R D S O H Z
 V R G L C Q T R G S M T J P C E L K G I
 L N I A R J K K E U T E H C T A H I I F
 B K L N B A C K P A C K I N G X V O N T
 S I K T G G A F D U T C H O V E N A R G
 E S O E G T N O U T D O O R S W T N E T
 R F M R S C K I C A M P G R O U N D V M
 I I A N C H K L P O U B O N R A G M O O
 F J C R A Z L M P E U P S E I P Z U T L
 D M G B M S S E N R E D L I W K N W S E
 H X O O P M G A P R E L I A R T I C H U
 B C V H S W O L L A M H S R A M C H Y L
 T C G A I F D S K B C G R I D D L E D A
 R Y G Q T B T O P A V S N A R O X P E P
 F W K S E L O P E S A S E H C T A M C H
 T C W J I C H B U F H J L C Y M B K U E

Axe	Escape	Insects	Outdoors	Sleeping Bag
Backpacking	Fire	Kindling	Overnight	Snow
Backyard	Flame	Lantern	Pocket Knife	Stakes
Beach	Foil Meals	Latrine	Poles	Stove
Campground	Griddle	Marshmallows	Rain	Tent
Campsite	Grill	Matches	Repellant	Trailer
Canteen	Hatchet	Mess Kit	Retreat	Vacation
Cook	Hiking	Mountains	Rope	Wilderness
Dutch Oven	Hot Dogs	Nature	Skillet	

MAGIC SHOW

K M L X G Y W D T I F L L Z
 G B G W Z Y E Y P S T U G V
 K L N N J L O G A D Y V R L
 E N Y Q Y M B R O R B W F N
 C Q O N L Y S K C O L O X H
 V V C W D S N N G W T H N W
 B L A N H T N A T S I S S A
 I E F S W I F T E E Q J E V
 I F Q I C F T R K C A L B R
 X J S V S Y P E P B C I J P
 C T D C A R D T R I C K D Y
 V H B I R D E A M B W Q K E
 W O O G S R C W R O P E S N
 E I I U I A V L O Y J C P O
 T W A N D Z P E F L A Y X M
 C I G A M I S P R P F C L N
 E S B B A W N B E E H W G Y
 P R Y B V D D I P A W J X Q
 A E R A A S F U I E R O H B
 C V K L K R T N K E H G P L
 S L G L A S S A H G S G A A
 H U V E Z N C H D F H G D P R D I Q V D
 P E D X R S K A Y A X X E E P N K L A Z

Abra Cadabra

Aide

Assistant

Ball

Bird

Black

Cape

Card Trick

Chains

Disappear

Escape

Fake

Flowers

Glass

Houdini

Locks

Magic

Money

Mystify

Perform

Power

Presto

Rabbit

Rings

Ropes

Scarf

Show

Stage

Stooge

Stupefy

Swift

Sword

Twist

Wand

Water Tank

White

Wizardry

PIE

L W C J
 R S S C S O C I
 B R A B U H R H Y T U V
 R N E V O J O E D O M A L A
 N N I O V N A C E P U R Y T W M
 I T K S M M D O U G H M T R A C
 T S R P V Y E I L B L U E B E R R Y
 R I E M H M R L A F L D H R U N E T
 M F A S U E O I R T U D A C S D O I H K
 D A R S P M I N C E M E A T X F S C N C
 V E M E P I F G U P B N H O T C T E R G
 T J I D S B N U S K A W J C S I H C P C
 A P R N H E E T N S N A S U C C R H
 J M K F A G R A H A M C R A C K E R
 E A A K R B R P S X F E T G E A
 M N L W G G D Y P A P T Q S W M
 J V E G E T A B L E T E Y U
 B A K E Y L I M E U M C
 P I Z Z A Q C B
 M Z D P

A La Mode	Custard	Ice Cream	Peach	Shepherds
Bake	Dessert	Key Lime	Pecan	Shortening
Banana Cream	Dough	Lattice	Pineapple	Strawberry
Blueberry	Fresh	Lemon	Pizza	Tamale
Butterscotch	Fried	Meringue	Pot	Tart
Cheese	Fruit	Mince Meat	Pumpkin	Tin
Cherry	Graham Cracker	Mud	Raisin	Vegetable
Chocolate	Grandma	Oven	Raspberry	
Crust	Hot	Pan	Rhubarb	

OLYMPIC WINTER SPORTS

Z U Z F I H W B Q W K Q S O O N V K A G
F S X L Z G Q P Z M I A F T F A C R V B
T I E W Q Y Z G A Y A K H B K A D A Q K
N U X L K P Y C X N Z B U D R P J P S C
G K F X O M V C U T T C P T W A O P P Y
X P V I L Z B E S R M X T G G C G W E Q
V E H A G N W Y X N L R N A T N R L E I
T A T E P U F N X Q O I W G F C N K D O
E T F N O N R B E H I W N V M Q O T S L
P X O K C K I E S K R B B G O X O C K R
L A L Z F B K E S M P O O O N Y F E A L
T V W L K E G L R K D H V B A F S D T G
F G W D N U L Z U R A C I N S R R U I P
L Q K L L I E X O O Y T O W X L D N N V
K I C E H O C K E Y N L I G Z Q E I G M
R H E N Y S H J O V H I J N K U N D N U
W T W U S H U P P T C K A W G N C W L G
U O M U W U W Y A V U Y H J T Y X F L O
D W O A U K V I Z Q K N Y G P G E Q W Z
E P W D I Z B S K E L E T O N F Z C S L

Biathlon

Bobsled

Curling

Downhill Skiing

Figure Skating

Ice Hockey

Luge Short Track

Skeleton

Snowboarding

Speedskating

POPULAR TV SHOWS

O S N B O G F L O Y G W Q V Q E N Q U S
F C H V I C E P N C C Z H M G U U P I P
P X E W D I L B W U N P O D E K O I A Y
O Y Y R K D A E O L B X B I J M C C E L
P L I N T H K W R E R J E Q A C U K Y Q
M N R R G A R I B V A C O S B Y S H O W
A H E Y P B C T Y O D H H V F S U Q W J
V X D A R S M C H L Y N A R L I P Q H U
S Z E T I U J H P I B K I P Z P Q T K U
Y E I N Y F I E R T U E Q H P Y T V F P
B X R A N M E D U V N N K B M Y X K H Y
H I G C Y A Y N M D C T O S W C D Z A B
R P V K A M E C S B H N Y S X D F A X I
D Y V C C N I S W Z A P D R L I R A Y C
E Y X G G Y E U O N Q Q S E I D A X P S
G B U J P X H E Z R E D F E K Y S K U N
Q A K D A J J A R G V N K H V K I W S D
X R D D U Z P U L G I C I C A R E O Y L
Q B X Y E W F S W E F N X P V U R Z Q Q
K S M E S Y T C S G K H L H T V I D H J

Bewitched

Bonanza

Brady Bunch

Cheers

Cosby Show

Frasier

Friends

Green Acres

Happy Days

I Love Lucy

MASH

Murphy Brown

Roseanne

Seinfeld

BRISTOL/KENT COUNTY

Z G H Z K Y B X V H H I N F Z X E B K V
C I X O Y P S X Y C Y K V I D W Q P G L
K W J N B U I V Y I I F Z X E E S F Q F
J G N B J F V I R W P I X S Z U Y S A X
L J P I G X D Y V N D S T L A O N H H X
B N J Y I K K D Q E U W N U Q P L A A Z
F F H S O R C C E E A J D F F K O W N R
N H Q Z W E S T G R E E N W I C H O P I
M E R P F L A H W G T C F K B X L M K U
H V R C I M C I U T R Q O A C L D E O F
F C C R Z K C O I S J Q R V S I N T F K
O J I L A K Z V N A G R J X E W W Y B O
M B X T U W F K G E I L N T J N H R Z S
M T T L J U R P T N H I Y E M X T T A G
U K B M D A L G G N P T E W M A K R U W
U X K C Y P C T N N T O J A M B F M Y S
M L K D L L O L X H H X R F X L H I H I
Y N F K A N B R I S T O L G I G D X W U
X Z C I B M K Y A H L T V L H J W G R H
G Y G R M O X G Q L L N R Q W E I A P B

Barrington

Bristol

Coventry

East Greenwich

Shawomet

Warren

Warwick

West Greenwich

West Warwick